



# **GENTLE TRAUMA RELEASE METHOD ©**

## **Certification Training**

### **Student Application Form**

GENTLE TRAUMA RELEASE

*Institute*



## A NOTE FROM YOUR PROFESSOR

WELCOME, DEAR FUTURE STUDENT!

Allow me to thank you for expressing your interest in the Gentle Trauma Release Method©, taught exclusively at the Gentle Trauma Release Institute. Our Certification Training is designed to teach practitioners how to facilitate trauma release for their clients. But there is so much more you'll learn!

The Gentle Trauma Release Method© Certification Training is designed mostly for practitioners working within a coaching framework or similar frameworks. In other words, we're not training you to become mental health professionals. Having said that, the Gentle Trauma Release Method© has, times and times again, led to extraordinary, powerful results in releasing traumatic memories and traumatic emotions.

The Gentle Trauma Release Method© Certification Training is tailored to the needs of practitioners who may not necessarily have a background in trauma, but still desire to master reliable tools to support clients carrying trauma.

The Gentle Trauma Release Method© Certification Training works best when the student already has foundations in coaching or similar methods, as well as some experience in client work.

Izabela Viskupova, LLM, M.A. Psychology  
Founder of the Gentle Trauma Release Institute  
Lead Professor of the Gentle Trauma Release Method©



# ABOUT YOU

TELL US ABOUT YOU

**First Name:**

**Last Name:**

**Email Address:**

**Phone Number (with country code):**

**Do you have background in coaching, counselling, therapy or similar?**

**Have you conducted at least 30 one-on-one client sessions within coaching, counseling, therapy, or other similar frameworks? If you're not sure if your experience qualifies or if you have done less than 30 sessions, give us more information on the work you've done.**



# ABOUT THE TRAINING

TELL US MORE

**What draw you to the Gentle Trauma Release© work?**

**Where would you like to see yourself after taking the Gentle Trauma Release© Certification Training?**

**Will you need a payment plan or will your be able to pay your tuition in full?**



# ANYTHING ELSE?

ADD MORE INFORMATION IF NEEDED

**Is there anything else you'd like to tell us before we consider your application?**

A large, empty, light gray rectangular box occupies the center of the page, intended for the user to provide additional information or answer the question above it.



## WHAT'S NEXT?

WE WILL REVIEW YOUR APPLICATION.

Please, submit your Application Form by **sending it to [info@gentletraumarelease.com](mailto:info@gentletraumarelease.com)**. Our Admissions Team will review it for approval.

**Once approved, we will contact you immediately** and offer you the next steps so that we can officially enroll you!

*“With the right tools, healing from trauma is possible. There truly is light at the end of the trauma tunnel.”*

## DO YOU HAVE QUESTIONS?

Contact us at [info@gentletraumarelease.com](mailto:info@gentletraumarelease.com)



# YOUR CONSENT

TICK ALL THE FIELDS BELOW FOR CONSENT & AGREEMENT

☐

I CONSENT TO THE GENTLE TRAUMA RELEASE INSTITUTE TO COLLECT MY DETAILS

☐

I CONFIRM THAT THE INFORMATION PROVIDED IS ACCURATE, CORRECT AND COMPLETE

*Thank you! We can't wait to get back to you.*

GENTLE TRAUMA RELEASE

*Institute*





Find the sweetness in  
your own heart, then  
you may find the  
sweetness in every  
heart.

RUMI